



Hangover Remedy For Skin

By Amber Groce

Hangover? Not for this skin. D'Andra Simmons, the developer behind Hard Night Good Morning, has been in the nutrition and skin care industry for over 12 years, working for Ultimate Living International, Inc., formulating and developing new products.

"I felt I had gained enough experience to develop my own product line and share with women and men of all ages what I had learned about anti-aging and healthy skin care," D'Andra said. "Hard Night Good Morning was the result of my years of hands-on experience in the lab, my meetings with raw material providers and my research traveling the world discovering new and unique ingredients. I have spent a lot of time in Africa and many of my ingredients hail from that magical continent—my favorite place on earth!"

So how does one come up with a name like that? D'Andra spills the details: "My college roommate, Amy Lemieux, actually named the line. We went to Sweet Briar College in Virginia. Most people do not realize that women's colleges are just as raucous and rowdy as co-ed colleges, considering there are no men. We always managed to find a creative way to get into trouble and locate the men around us! I spent many years in the entertainment industry prior to commencing on this career and I spent many a night out much too late and still had to find a way to 'fake it' in the morning."

The Hard Night Good Morning skin care line is aloe vera based, which means that the many active ingredients and nutrients used are able to penetrate the skin and provide the full benefit of each ingredient.

Hard Night Good Morning's first product, the Facial Cocktail, was created just for the gal or guy who needs a facial "pick me up" for the morning after. "Your body may feel like crap, but your face looks fabulous!" D'Andra says.

The Hard Night Good Morning line includes a morning cleanser, nighttime oil cleanser, daytime moisturizer, nighttime moisturizer, detox toner, detox mineral mask and the facial cocktail serum. **Products can be purchased from the company's website: hardnightgoodmorning.com. ALM**

Mirror Mirror

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Located in Round Rock, Synergy is a plastic surgery center that uses modern technology to enhance cosmetic elements of its clients. Board-certified plastic surgeons Dr. Mahlon Kerr and Dr. Amy Bekanich are skilled in modern surgical procedures that can enhance or correct features with a natural look.

"We use minimal surgical incisions that on average can decrease the size by one half to one third of the national average," said Dr. Kerr.

Both doctors Kerr and Bekanich specialize in breast enhancement procedures (augmentation, lift and reduction), body contouring and facial sculpting. Synergy also offers a wide range of popular non-surgical treatments like BOTOX, injectable fillers and chemical peels that are commonly used to soften the signs of aging with minimal downtime.

Dr. Kerr always knew he wanted to be a surgeon, but he didn't know what specialty he wanted to pursue until medical school.

"My first med school class was anatomy and the lab was taught by a plastic surgeon," Dr. Kerr said. "I asked one day if I could accompany him to the operating room. One thing led to another and by the time I finished my second year of medical school, I had scrubbed about 200 cases and had already devoted my life toward plastic surgery."

Synergy believes in treating patients like family, making them feel as comfortable and as knowledgeable as possible. The doctors operate exclusively in accredited hospitals and safety is their utmost priority.

"I personally call my patients at home the night of their surgery each time I operate to make sure questions are answered and recoveries are on track," Dr. Kerr said.

Dr. Kerr sums up his philosophy on his website: "I called my practice 'Synergy' to reflect more than myself, but rather all the people and procedures that work together with me to enhance each patient's appearance and self-confidence through plastic surgery."

For more information about Synergy Plastic Surgery, please visit synergyplasticsurgery.com. ALM