

Preoperative Checklist

- 1) Medical Clearance - Unless otherwise agreed upon by Dr. Kerr, all patients must provide a letter of medical clearance from their primary physician stating that there are no health problems which preclude an elective operative procedure.
- 2) Special Testing - An EKG and Chest X-ray will be required for patients with any cardiac history and/or age greater than 50.
- 3) Smoking must be stopped. Nicotine interferes with healing. This means all nicotine gum, patches, and cigarettes must be stopped.
- 4) Stop all aspirin and ibuprofen (Motrin, Aleve, etc.) 2 weeks prior to surgery. Many other medications, supplements, and herbs should be avoided due to possible bleeding complications (see the list in your pre-op packet). Tylenol is safe to take for aches, pains, and headaches any time prior to surgery. If unsure, call Dr. Kerr and ask.
- 5) Consent forms must be reviewed and signed prior to surgery. This leaves ample time for Dr. Kerr to answer any questions.
- 6) A deposit is required to schedule surgery. This deposit amount is applied to your total balance due. The deposit is non-refundable but can be applied towards other services at our office. If you need to reschedule your surgical date, a \$200.00 reschedule fee will be charged. The balance of all fees are payable three weeks prior to the surgical date at your pre-operative visit. Fees may be paid by cash, check, cashier's check, credit cards or financing.
- 7) Purchase all prescriptions and supplies from the pharmacy in advance. This way you will have the medications at home when you need them. See enclosed sheet for the list of prescriptions and supplies that you will need.
- 8) Night before surgery: Nothing to eat or drink after midnight except prescribed medications with a sip of water. Please remove any nail polish or it may need to be removed as it can interfere with monitoring equipment.
- 9) Make sure you have arranged for a ride to and from the hospital or surgical center. You will not be able to drive a car after anesthesia.
- 10) Morning of surgery: No gum, candy, mints in the morning. Wear loose, comfortable clothes to the hospital. Wear glasses not contact lenses. Take usual medications and any prescriptions as directed with a small sip of water. No food or drink means no coffee/milk. This is due to safety with anesthesia and surgery will be cancelled if this is not followed. Try to relax.